



Loyd Spetz Post No. 1
American Legion
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Bismarck, North Dakota 58502

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Spetz's Sound-Off

The News of Loyd Spetz American Legion Post 1, Bismarck, ND

August 2023
Volume 4 Issue 4

News of the American Legion Auxiliary Unit 1

Submitted by Latoya Carpenter

When: 3rd Monday of the month
Where: AmVets
2402 Railroad Ave
Bismarck ND
Time: 7:00 P.M.

We had a very successful Poppy Day at the end of May. A thank you goes out to Post 1 for their participation.

If you have any questions or want to know more about Auxiliary Unit 1, please contact me: Latoya Carpenter, Unit 1 President. Phone: (701)833-8224.

2023 Open Your Heart Dates

Saturday, December 2nd, 2023

Target Shopping Day. This event starts at 0730 and concludes around 1030. This event provides a specific dollar amount, depending on the number and age of children, to families to spend on clothing for their children. Legionnaires are involved with greeting families and retrieving receipts from the cashiers.

Monday, December 18th, 2023

0900-1100. Basket assembly. Volunteers are needed to assemble Cashwise food boxes. It is a simple process but large volume (1,600). These are the boxes that will be filled by the volunteers the evening of Friday, December 20th, 2023.

Tuesday, December 19th, 2023

0800-1030. Volunteers are needed to sort, stack, and count all donated and purchased food items starting at 0800, in the Exhibit Hall of Bismarck Civic Center. Sorting, stacking, and counting is normally completed 1030. It involves examining donated food items and sorting them to the pre-labeled tables. Once the sorting is complete, the volunteers move to the labelled tables and count the items on each table. These counts are used to determine the quantities to be given to each family size.

1830- 2030. Volunteers are needed to pack baskets for the families. Tables are already setup from the morning session. Volunteers are needed to manage the organization of the filled basket drop off area, the consolidation of baskets, the food tables, and to carry baskets to be filled.

Wednesday, December 20th, 2023

1000 -2000 (or until all delivered). Delivery Day. Volunteers are needed to position filled baskets to stations inside the Exhibit Hall and load them into vehicles as they arrive. In addition, drivers using their own vehicle are needed throughout this timeframe to deliver baskets to the designated families. You can make one delivery or as many as you desire.



Commander Elect Mamie Havelka with Bismarck attendees at 2023 Girls State, Grand Forks ND.



Legionnaire Ed Stern, Reier Thompson, Kathy Anhalt, Legionnaire Bob Wefald, Russ Kroshus at the check presentation to Missouri Slope Therapy Room.



Missouri Slope shows the nameplate on both doors to the therapy room.

We will only be sending one or two publications out per year.

Post 1 sends out an electronic newsletter monthly. If you would like to receive the electronic newsletter, please contact the American Legion Adjutant Office with your email address. Email: info@americanlegionbismarck.org or 701-2583101

You can also view the newsletters on the Post 1 website (www.americanlegionbismarck.org) under the "About Us" tab.

Spetz's Sound-Off is published by Loyd Spetz Post 1 one to two times a year. Submit articles to Editor Thea Jorgensen at theaward.nd@gmail.com

Post Meetings
2nd Monday of the month at 7:00pm at
2400 Railroad Avenue
Bismarck, ND 58501

Office Phone:
(701) 258-3101

Office Open Mondays and Thursdays from 4-6PM, or by appointment

Post 1 Contacts

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Auxiliary President:
Latoya Carpenter
701-833-8224

Upcoming Events

District 5 - Meeting
September 23,
11:00am

Find and Like us on Facebook:

<https://www.facebook.com>
[@NDLegionBis](https://www.facebook.com/NDLegionBis)
[@NDLegionBis](https://www.facebook.com/NDLegionBis)

7th Annual Golf Tournament

Submitted by Rick Kramlich



The American Legion, Lloyd Spetz Post 1, held their 7th Annual Golf Tournament on Saturday, August 19th at Prairie West Golf Course. The event was attended by 5 teams for a total of 21 golfers and 2 wonderful volunteers. It wasn't the best North Dakota afternoon, 90+degrees and above average winds. Despite the challenges, all teams finished, some the more to brag about than others. This year we had our first all-women team. So if you would like to join us for mediocre golf with good fellowship amongst our fellow veterans friends and family.

After the round of golf, everyone enjoyed a meal at the AMVETS to celebrate a wonderful 7th Annual tournament. This year we again invited our friends from VFW Post 1326 and AMVET Post # 9. Inviting our veteran's brothers did grow the tournament, so now we have some more good friends out to share our comradery. We will continue to have the Veterans Golf tournament on the 4th Saturday of August. Next Year's Date will be Aug24th, 2024, Hope to see you there.

District 5 Meeting

District Commander: Ronald Dykema
 District Vice Commander: Janette Fetch
 Location: Community Center, 549 Main Street, Hazelton, ND
 Date: September 23, 2023
 Registration: 11:00 am
 Meal: 12:00 pm
 Meeting: Following the Meal
 Registration: \$5

SPAR Ride

Submitted by Wayne Maruska

Loyd Spetz American Legion Post #1 members are invited to a meal at 6:00 p.m. on Monday, September 11 at the AMVETS club in Bismarck to meet with a group of motorcyclists who are conducting a Suicide Prevention Awareness Ride (SPAR) from Idaho to the Save a Warrior (SAW) compound Ohio.

SAW is an evidence-based intervention of active duty military, returning veterans, and first responders who feel desperately alone. The program uses a holistic approach to address the challenges related to Complex Post-Traumatic Stress.

More information is available at the SAW website, <http://saveawarrior.org>

Individuals are invited to join any leg of the ride. You can hook up when they stop at the CENEX in Belfield about 12:40 pm for fuel on Sept. 11.

Picnic

In September Loyd Spetz Post 1 has scheduled a picnic, you and your spouse are invited to attend. 17 September at the JayCees Centennial Park around 5 P.M. The picnic area and an inside shelter has been reserved. If you so choose to do so, please bring a small side dish or a dessert. Legionnaires, Sons of the American Legion and Auxiliary and families are invited to attend the picnic.

Continuous membership certificates will be presented at the picnic.

Oratorical Scholarship Program 2023 - 2024

The District 5 will hold their Oratorical competition on 2 December 2023 at the AMVETS, 2400 Railroad Avenue, Bismarck, ND at 1:00 p.m.

If you have any questions, please contact the American Legion Post 1 Office at (701) 258-3101 or email at info@americanlegionbismarck.org

The rules are in the below link:
https://ndlegion.org/wp-content/uploads/2023/08/2024_Natl-Oratorical_Rules.pdf

2023-2024 North Dakota American Legion High School Oratorical Scholarship Program

1st Place Casey Kruger Valley City	2nd Place Eva Rykowsky Mandan	3rd Place Malachi Dilse Scranton	4th Place McKenna Wilke Cando
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The North Dakota American Legion High School Oratorical Scholarship Program

What is it? A Constitutional Speech Scholarship Contest with four levels of competition.

All 10 District Contests must be held before January 1, 2024
 Division Contests must be held before January 15, 2024
 State Contest will be held in Bismarck on January 27, 2024
 National Contest May 17-19, 2024

(Travel and housing expenses for the National Contest are paid for by The American Legion)

For More Information Contact:
www.ndlegion.org - programs@ndlegion.org



Department of North Dakota American Legion Convention 23 - 25 June 2023

The convention was held at the Bismarck Hotel in Bismarck and hosted by Hazelton ND Post 126 and Auxiliary Unit 126.

The convention was a success and the American Legion Loyd Spetz Post 1 had a several highlights.

Department of North Dakota American Legion's new Commander Elect for 2023-2024 is Mamie Havelka. She was unanimously selected on Sunday 25 June 2023. Congratulations!

Department Commander's Award

Department of North Dakota Commander Award: The highest award within the Department of North Dakota American Legion and the selection by the Department Commander. Past Department Commander Dan Brown chose Arn Havelka for his outstanding contributions to the Department and for his successful job on the membership team. Congratulations Arn!
 Photo LtoR: Arnie Havelka and Post 1 Commander Russ Kroshus.



Law Enforcement Certificate of Accommodation

ND American Legion Commander Dan Brown also had the Law Enforcement Certificate of Accommodation for Corporal Justin Hoag of the Burleigh County Sheriff's Department. Justin was unable to attend the convention. This certificate was presented to Justin's Grandfather, Bob Bird at the membership meeting in July 2023. Congratulations!