



LOYD SPETZ POST 1
 2400 Railroad Avenue, Bismarck, ND 58501
 701-258-3101

Post meetings held the 2nd Monday of each month in the Veterans Hall at 7:00 p.m.

AMERICAN LEGION EVENT REMINDERS

November 2023

CALENDAR OF EVENTS		
November 11	Veterans Day Program – Heritage Center	9:45 a.m.
	AMVETS Dinner – open to the public – followed by program	12:00 p.m.
	ND Veterans Cemetery Columbarium Ribbon Cutting	3:00 p.m.
November 13	Post 1 Meeting - AMVETS	7:00 p.m.
December 2	Oratorical District 5 Contest – AMVETS	1:00 p.m.
December 2	Open Your Heart – live remote broadcast with KFJR	
December 2	Open Your Heart – Target Shopping for Clothing Event	
December 4	Post 1 Executive Meeting	7:00 p.m.
December 11	Post 1 Meeting	7:00 p.m.

VETERANS DAY

Veterans Day Program will be held at the Heritage Center, Russell Reid Auditorium.



9:00-9:45:
 coffee/cookies/donuts served in the Missouri River Event Center by all local Auxiliaries.

9:45: Veterans Day Program Starts
 11:00: All welcome to gather at the All Veterans Memorial to view the light shining through an aperture illuminating ND on the globe.

12:00: AMVETS – free lunch to the public followed by a program.

3:00: ND Veterans Cemetery Columbarium Ribbon Cutting

Veteran Day Meal Discount List Attached

I Float Anytime: offering a 1-hour float therapy session for \$40.00 for all veterans from 10:00 a.m. – 10:00 p.m. Call or text 701-581-7297 or visit www.ifloatanytime.com

**bring military ID or DD Form 214

DISTRICT 5 – ORATORICAL CONTEST

The High School Oratorical Scholarship Program is a Constitutional Speech Contest.
 District 5 contest date: December 2
 Time: 1:00 p.m.
 Location: AMVETS, 2400 Railroad Ave

You can find more information at www.ndlegion.org

ALL VETERANS HONOR GUARD

The All Veterans Honor Guard will meet the fourth Tuesday of every month. Due to the holidays, December date is adjusted.

November Training: 28 November
 December Training: 19 December

Time: 6:30-7:30
 Location of Training: National Guard, Raymond J. Bohn Armory, 4200 Miriam Avenue, Bismarck.

All Veteran Organization Honors Guards are welcome to attend.

OPEN YOUR HEART

December 2: Open Your Heart 10 hour live remote broadcast from 6:00 a.m. – 4:00 p.m. at Kirkwood Mall.

December 2: Target shopping day for selected families from 7:00 a.m. – 10:30 a.m.

December 18: Box assembly at Bismarck Event Center from 10:00 a.m. -12:00 p.m.

December 18: volunteers needed to retrieve food totes from the Bismarck Public Schools from 8:30- 11:00 a.m. Volunteers require a vehicle that can accommodate 10-20 filled food totes.

December 19: sort, stack and count food at Bismarck Event Center at 8:00 a.m.

December 19: packing food totes at the Bismarck Event Center at 6:30 p.m.

December 20: Volunteers needed to deliver food totes using their own vehicles from 3:00 – 9:00 p.m.

For more information, visit the American Legion Website – Open Your Heart Tab at www.americanlegionbismarck.org

You can also contact Open Your Heart at openyourheartmidco@gmail.com

VETERANS SERVICE OFFICER

Veterans receiving VA monetary benefits, including compensation or pension, will receive a 3.2% increase in 2024. The COLA also applies to military retired pay, civil service retirement, and Social Security income. The increase is based on the Consumer Price Index for Urban Wage Earners and Clerical Workers (CPI-W) for the 12-month period that ended in September. It is different (lower) than overall annual inflation rates, with focus on goods and services that are usually purchased by retirees and blue collar workers. New rates take effect on December 1st, payable in January.

PAID UP FOR LIFE (PUFL)

If you are interested in becoming a Paid up For Life member you can:

1. Call 1-800-433-3318
2. Fill out the PUFL application and mail it in.

PUFL rates received from Department HQ	
AGE	FEE
18-29	\$1,535
30-39	\$1,399
40-49	\$1,229
50-59	\$1,025
60-69	\$815
70-79	\$599
80-89	\$429
90+	\$329

Past Commander Night



LtoR: Dennis Mock (1988), Arnie Havelka (2016), Mamie Havelka (2022), Vern Fetch (1978), Martin Bless (2005), Bob Bird (2017), Mark Swartz (1997), Ed Stern (2015), and Janette Fetch (2019, 2020, 2021)